

Summer Newsletter 2023

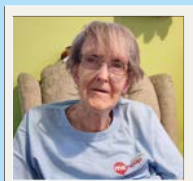
Easy
Read



Celebrating Learning Disability Week 2023

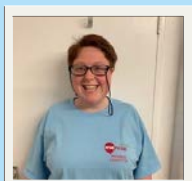
Members Committee

Thanet



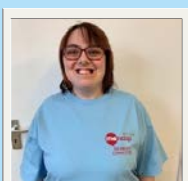
Pat

Housing



Natasha

Margate Hub



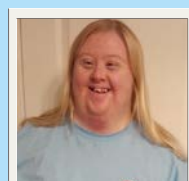
Amy

Margate Hub
and Community



David

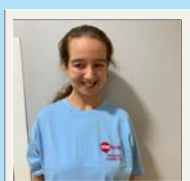
Ramsgate Hub



Natalie

Ramsgate Hub

Herne Bay



Ellie

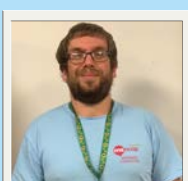
Hub



Paul

Housing and
Community

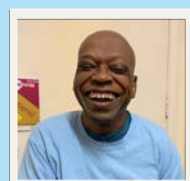
Swale



Ian

Hub

Deal



Stephen

Housing

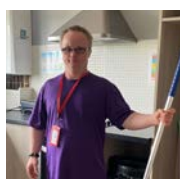
GOLD



Ben



In May we said goodbye to Laurie and Neil who stepped down from the Members Committee as representatives in Swale housing



Neil was the founding member of the committee

Thank you to both of them for all their hard work



If you have something to share get in touch with a committee member or email memberscommittee@eastkentmencap.co.uk



Hello from our CEO Jason Gerlack

Welcome to the easy read summer newsletter



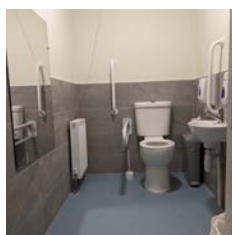
Congratulations to everyone who took part in the Spring Forward Challenge and for raising £1,554



We celebrated Learning Disability Week and shared stories of your amazing achievements



We have some exciting projects that we have been asked to take part in as Experts By Experience and more news will follow



The new toilets at Foresters Hall are now complete



We are thrilled that The ScrapStore has reopened and the grand reopening event was a great success



We are looking forward to the East Kent Mencap Goes Cruising show on Thursday 27 July at Holy Trinity Church Margate



To celebrate our 75 anniversary there will be a Fun Day on Thursday 3 August at Herne Bay Hub

Wishing you all a great summer
Jason

Members Committee News



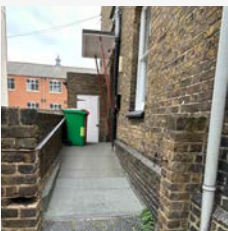
We have completed the easy read version of the Mental Capacity Assessment form and we have been asked to start work on an easy read Safeguarding policy



Due to problems with the KARA tablets we have been unable to use them for our meetings so we will work to put TEAMS on them instead



We asked for new storage space at the Margate Hub and we now have new wooden crates for our bags and hooks for our coats



The ramp at the Swale Hub was uneven but it has now been fixed by the maintenance team and we feel safer using it

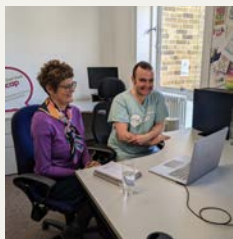


13 people completed Spring Forward Challenges and we raised £1,554 in donations which will fund activities and new equipment



We are very proud of everyone who took part in the Spring Forward Challenge and thank all our wonderful supporters

Our stories



David: I was interviewed by KMTV and Academy FM radio to talk about the Spring Forward Challenge

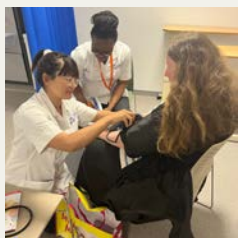


Ben: I was interviewed by KMTV and Academy FM radio to talk about our work with Canterbury Christ Church University during Learning Disability Week

I described how the doctors and nurses listen to us and hear our goals



Fiona: We partner with Canterbury Christ Church University to support student doctors and nurses with their training



Daniel from Canterbury Christ Church University: These fantastic individuals help to train our nurses and inform them of ways to deliver their practice with confidence and inclusivity



We marked Learning Disability Week at our Hubs by celebrating together and getting outside in the lovely sunny weather

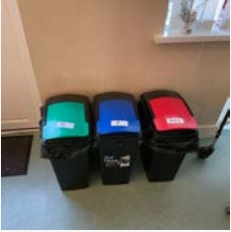


We shared inspiring stories on our social media during Learning Disability Week about some of our fantastic achievements from volunteering to learning new skills

Our stories



Thank you Barnados and Ward Estate Agents for giving us £5,167 for equipment and trips for young people at our Saturday Clubs in Herne Bay and Margate



At Sondes Road we wanted to learn about recycling and staff supported us to buy different coloured bins and we are now working on a recycling poster



We had a Bowel Cancer talk at Margate Hub from Social Enterprise Kent and they shared important information about how to spot the signs of bowel cancer



The Mayor of Ramsgate reopened The ScrapStore



Thank you to all our volunteers who made The ScrapStore grand reopening a brilliant success

We were very proud to raise £259 on the day



Our Complex Needs Hub had a fantastic day out with Wheelability at Minnis Bay using their adapted bicycles

Events



East Kent Mencap Goes Cruising show is on Thursday 27 July from 12.30 to 3.30 at Holy Trinity Church Margate CT9 3TN



The show tickets are £4 each or £2 for children and people on low incomes

Email funds@eastkentmencap.co.uk to reserve your place on the cruise and pay cash at the door



Our 75 anniversary Fun Day is on Thursday 3 August at Herne Bay Hub from 10 to 3



Enjoy new activities and listen to live music at the Fun Day



There will be a delicious barbecue and cakes and ice cream to buy



If you have any prizes for a raffle that you could donate please do get in touch with funds@eastkentmencap.co.uk

EKM Photo Gallery



Email your photos to funds@eastkentmencap.co.uk for inclusion in our next newsletter



Get in touch



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