



# It is our 75th Anniversary

We would love you to celebrate with us



Registered charity number: 1188118  
Registered company number: 12263702

# Help us to make a difference...

Here are some ideas about how to get involved, raise funds, and support our 75th anniversary.



Take part in an organised event or set up your own



Swim your way to raising money



Host a gaming marathon



Get donations for a birthday, wedding or anniversary



Walk or cycle to raise funds



Host a bake sale and sell cakes to your colleagues



Collect donations in memory of a loved one



Organise a charity quiz night



Hold a coffee morning with friends



Do something adventurous!

## Thank you for your support

# You can also support us by...

- Following us on social media to hear all our latest news
- Like and share our social media posts with your friends and family so we can reach more people
- Recommend your workplace as a corporate partner
- Volunteer and share your skills
- Consider leaving a gift in your will
- Donate money to support people with a learning disability so they can achieve the things they want out of life

If you would like to know more about becoming a corporate partner or volunteer, please email [funds@eastkentmencap.co.uk](mailto:funds@eastkentmencap.co.uk)

## Share the celebrations

We would love to see photos of your challenges and fundraising activities. Please share your photos and tag us on social media #eastkentmencap

 @eastkentmencap

 @eastkentmencap

 @EastKentMencap

 @eastkentmencap



# Thank you for your support

# What difference will your fundraising make?

We all enjoy meeting friends or joining an activity. At East Kent Mencap we run groups and activities where people with a learning disability are supported to learn new skills, socialise, and get out in their community.

Your donation will help to reduce social isolation, boost wellbeing and bring joy.

## How much will you raise?



£5 pays for one session at our snooker club



£10 enables our women's group to continue supporting each other



£20 buys our café group hot drinks



£50 funds a virtual disco that everyone can enjoy

## Thank you for your support

# How to donate



Thanks for all your hard work supporting us. There are different ways to donate and pay the money you have raised.

Donate online on our website:  
[www.eastkentmencap.co.uk/donate](http://www.eastkentmencap.co.uk/donate)

Donate by phone

Call us on 01843 808 964 (Monday to Friday 10am - 4pm)

Donate by cash/cheque

Please make your cheque payable to East Kent Mencap and send it to:

Foresters Hall  
Meeting Street  
Ramsgate  
Kent  
CT11 9RT

Or visit us - please make an appointment first  
by calling us on 01843 808 964

Donate by bank transfer

Bank: Lloyds                      Account name: East Kent Mencap  
Sort code: 30-95-45    Account number: 32033768

## Thank you for your support