

Summer Newsletter 2024



Getting active at our Activity Day



An invitation to the
Kings Garden Party



Enjoying jazz music
in Deal



Spring Forward
Challenge success

Members Committee

Thanet



Pat

Housing



Natasha

Margate Hub



Amy

Margate Hub
and Community



David

Ramsgate Hub



Natalie

Ramsgate Hub

Herne Bay



Ellie

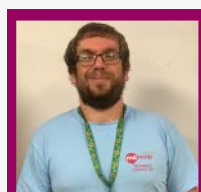
Hub



Paul

Housing and
Community

Swale



Ian

Hub

Deal



Stephen

Housing

GOLD



Ben



If you have something to share get in touch with a committee member or email
memberscommittee@eastkentmencap.co.uk

Save the date



The Ramsgate Hub drama group Fashion Show is on
Tuesday 20 August at Holy Trinity Church Margate CT9 3TN

It starts at 10.30am and tickets are £4 and you can pay
cash at the door

There will be a Pre-loved Clothes Sale after the Fashion
Show from 1pm to 3pm and this is free to attend



The next Unite Ashford and East Kent Mencap disco is on
Friday 26 July at St Simons Hall Brookfield Road Ashford
from 7pm to 10pm and tickets are £5 each

Hello from our CEO Jason Gerlack



Welcome to our summer newsletter

It has been a busy few months



It was good to hear that many of you voted in the election and had your say

We now have a new Labour government and a new Prime Minister Sir Keir Starmer



There is a lot of work for the government to do

We will be campaigning to put people with a learning disability at the centre of their policies to deliver positive change



Thank you to everyone who came to our Activity Day at West Faversham Community Centre

It was great to see so many of you trying new sports and activities



In June we celebrated Learning Disability Week and I enjoyed hearing about your many achievements



It was fantastic that so many of you got involved with the Spring Forward Challenge

Thank you for your continued support for East Kent Mencap

Best wishes
Jason

Members Committee News



All of our Hubs and housing services have had their quarterly meetings and feedback has been given to the service managers



Pat said we wanted to paint the wall in the Margate Hub car park

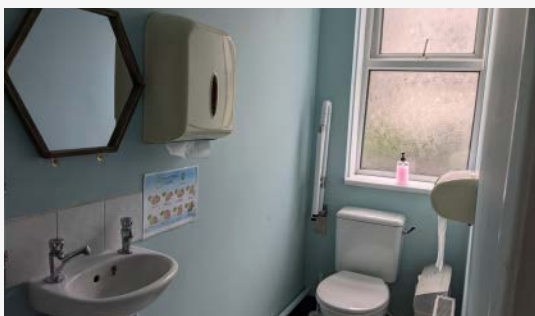
Thank you Vince and Rob for doing a great job and to Paul for joining in for the photo

The Fundraising Team is applying for funding to work with an artist to create a new mural with the Complex Needs Hub



Pat said Clarence House went to The ScrapStore Card Making and Paper Craft Sale and we cant wait to go back

£596 was raised at the sale



Natalie said the Ramsgate and Margate Hub toilets have been painted and now have new mirrors



Ben said I gave a presentation to student doctors and nurses at the Canterbury Christ Church University Medway campus as part of the LOUD (Learning Observing and Understanding Disabilities) group

I feel proud to have travelled to the meeting independently and given a presentation

News



Our Hubs marked Learning Disability Week with a range of activities and celebrations

The Ramsgate Hub went to the boating pool and enjoyed a picnic and outdoor games

There was a delicious afternoon tea at our Margate Hub followed by games and karaoke

Natasha said today has been the best day



Thanks to the Queensborough Fishery Trust and fundraising efforts from everyone at the Swale Hub they attended Festability an accessible music festival at Quex Park during Learning Disability Week

Mark said it was brilliant fun and I loved dancing on the stage



Laurie was invited to the Kings Garden Party at Buckingham Palace as a way to say thank you for his volunteer work

Support Worker Katie said it was lovely seeing Laurie enjoy his special day with so many other people who volunteer in our local communities and I felt very proud of him



GOLD (Getting On with Learning Difficulties) Project is working with arts organisation Looping The Loop for Social Singing Sessions

GOLD Project Manager Fiona Wonford said singing helps wellbeing and we can already see that everyone is growing in confidence

News



Our Swale Hub attended the Canterbury Christ Church University student nurses training at Medway



GOLD and Herne Bay Housing and Thanet Housing went to the student doctors training in Canterbury

With more people attending this important training the students are experiencing working with a range of learning disabilities



Our Deal tenants enjoyed a great day out at the bandstand listening to the live jazz music and having a picnic



Our Swale Hub held a Life Beyond School Event at St Georges Day Family Fun Day

Thank you Kent County Council Combined Members Grant Scheme and Councillor Mike Whitting for making it possible for us to attend and share information with people with a learning disability



Thank you to Sharon Bremner Family Liaison Officer at Foreland Fields for organising a great transition fair

The Complex Needs team enjoyed speaking to students and parents about the opportunities and choices available at East Kent Mencap after leaving school

Spring Forward Challenge



Congratulations to everyone who took part in the Spring Forward Challenge

Thank you to those who bought a fundraising kit and to everyone who did a challenge



Rosie said it is the first time I have taken part
I made hats and it makes me happy to know that the money I raised is going to East Kent Mencap



Natasha said I enjoyed baking biscuits for my challenge

The Spring Forward Challenge raised £751 to buy essential resources for our services

There were so many different challenges



Pierre learnt about history



Amy cooked



David cycled and walked



Stephen grew chillies



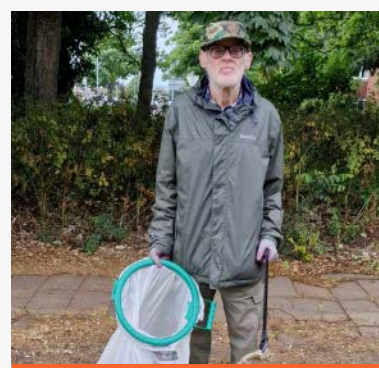
Neil walked his dog



Natalie walked 39 steps without her walker



Paul baked bread



Patrick collected litter

Thank you everyone for taking part

Activity Day photo gallery



We enjoyed taking part in the sports



There were lots of different activities to try



Get in touch

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You can pick up the newsletter at one of our services

If you know someone who would like a copy let us know